

“Calm mind brings inner strength and self-confidence, so that's very important for good health”.

Dalai Lama

# NEWSLETTER | DELHI PUBLIC SCHOOL

CLASS: I

ALL RIGHTS RESERVED SEPTEMBER 2017



## GLOBALLY IMPORTANT DAYS OF THE MONTH

**Onam(4)** is a harvest festival celebrated in the state of Kerala in India. Onam is a not a religious festival. People from all religion celebrate Onam. That makes Onam and Kerala unique.

**Teacher's Day (5)** the birth date of the second President of India, Dr. Sarvepalli Radhakrishnan, has been celebrated as Teacher's Day since 1962. On this day, activities will be conducted to signify, thanks and remembrance to teachers.

**International Literacy Day (8)** its aim is to highlight the importance of literacy to individuals, communities and societies.

**Muharram(20)** is the first month of the Islamic calendar. It is one of the four sacred months of the year.<sup>[1]</sup> It is held to be the second holiest month, following Ramadan.

### CAMPUS CLANDESTINE

August was the month of patriotic celebration of our Nation's Independence Day - all mellowed by the coolness of the refreshing Monsoon showers. The theme of the month was 'Aeroplane' and project was aptly 'pilot'. The major co-curricular activity for the month was 'Happy Journey'. At the outset children were introduced about different means of transport, safety rules on road, water and air. The theme 'Aeroplane' guided the children to learn about different types of air transport like helicopters, hot air balloons, jets, para gliders and so on. Children learned about eco-friendly vehicles and importance of having pollution free environment. The project "Pilot" gave the children an opportunity to learn that a pilot or aviator is a person who flies the aircraft, students learned the roles and responsibility of pilot and airhostess, rules to be followed in Aeroplane. They learnt about importance of passport, crew, air tickets, boarding pass, baggage, aisle seat, middle seat, window seat, arrival and departure etc.

**Navaratri(21)** is a multi-day Hindu festival celebrated in the autumn every year. **Sharad Navratri** that is the most observed in the honor of the divine feminine Devi (Durga). The Durga Puja is synonymous with *Navratri*, wherein goddess Durga battles and emerges victorious over the buffalo demon to help restore Dharma.



**International Day of Peace(21)** It is dedicated to world peace, and specifically the absence of war and violence, such as might be occasioned by a temporary ceasefire in a combat zone for humanitarian aid access.

**Durga Pooja(28)** is an annual Hindu or Bengali Hindu festival in the Indian subcontinent that reveres the goddess Durga. Durga Puja festival marks the battle of goddess Durga with the shape-shifting, deceptive and powerful buffalo demon Mahishasura, and her emerging victorious.



## SYLLABUS

### ENGLISH

Gita's House, Grammar - Pronoun, Unseen Passage, Names of the months- (written) & Pronouns

### MATHS

Operations of numbers up to 50, Collection, observation and comparison of objects, Grouping on the basis of tens and ones, Addition using tens and ones, Addition using Column method, Brain Teasers, Dodging tables - Revisit 2 and 3 & Story sums

### HINDI

साहित्य- पत्ते ही पत्ते।ए चार चने।  
व्याकरण - (ए) और (रे) मात्राओं का प्रारंभिक ज्ञान। ए वचन बदलो (मौखिक- मात्रा के प्रयोग के साथ)।ए अपठित गद्यांश (मौखिक बहुवचकल्पिक प्रश्नों के द्वारा)।

*The function of education is to teach one to think intensively and to think critically- Intelligence plus character - that is the goal of true education”.*

- Martin Luther King, Jr.

The realm of education is the art of cultivating the moral, emotional, physical, psychological and spiritual dimensions of the developing child. Holistic education aims at creating a sustainable, just, and peaceful society in harmony with the Earth and its life. It's primarily based on dynamic education and it cultivates a critical awareness of the many contexts of learners' lives We work in unison to create holistic thinking which involves contextual, intuitive, creative, and physical ways of knowing the many facades of education.

To pay tribute to teaching fraternity, September 5 is widely celebrated as Teachers' Day, to revere teachers for their noble contribution being rendered to the society. It's a Red letter Day as the whole nation commemorates the birthday of a great teacher Dr. Sarvapalli Radhakrishnan, who was a staunch believer of education, and was a well-known diplomat, scholar, the President of India and above all, a teacher. In the year 1965, some of the prominent students of late Dr S. Radhakrishnan organized a gathering to pay obeisance to that Great Teacher of repute. He expressed his deep reservation regarding his birth anniversary celebration, and emphasized that his birth anniversary should be celebrated as 'Teachers Day', by paying homage to other Great Teachers of India.

We at DPS gently propel the 'slow learners' to climb the steep learning curve, which engages the 'bright minds' to delve deeper into concepts and thereby meet their needs to be ahead of others. Our teachers face a formidable challenge -- how to teach each child to his or her optimum potential. The journey of education would continue to nurture and hone the learning abilities of our enthusiastic Dipsite's to attain global citizens to resolve gamut of issues that befall their path of advancement.

With regards  
Principal



**Ingredients:**

- 250 gms elephant foot yam (suran) peeled and thinly sliced
- 1 tbsp turmeric (haldi)
- 2 tbsp kashmiri red chili powder or 1 tbsp red chili powder
- ½ cup semolina or more if required
- salt as per taste

**METHOD**

Peel off the outer layer of yam. Slice as thin as you could. Mix red chili powder, turmeric powder, vinegar and salt. Combine all nicely. Marinate for 15-20 mins. Spread semolina over a platter. Coat the marinated slices of suran. Place a deep pan with oil. Once oil is hot deep fry the yam from both sides until golden brown and crisp. Don't clutter with too many while frying, fry some at a time.

**TONGUE TWISTERS**

1. Four fine fresh fish for you
2. Truly rural, Truly rural, Truly rural
3. Fred fed Ted bread, and Ted fed Fred bread



**THEME OF THE MONTH – DENTIST**



A community helper can be defined as any person who helps with our health and overall well-being. Community helpers include dentists, doctors, construction workers, even grocery store workers. A dentist, also known as a dental surgeon, is a surgeon who is specialized in dentistry. Dentist diagnosis, prevents and gives treatment of diseases and conditions of the oral cavity. Through this

theme children will learn about various community helpers, role of the community helpers in our society, their tools, uniform and work place of various community helpers. Students will come to know about the qualifications of the dentist and his/her duties, equipment used by dentist. They will learn about different parts of mouth, uses of sense organs, first aid rules and alertness of emergencies. Children will understand that oral health is very important to each and every one. They will also understand importance of taking care of teeth, and ensure the maintenance of family's oral health is to have a **family dentist**.

**PROJECT OF THE MONTH –TOOTH**

A bright, vibrant smile doesn't just make you feel more confident; healthy teeth and gums are key to your overall health.

A person's teeth are not just there to look attractive in pictures. Teeth play a role in overall nutrition and general health. Teeth allow you to follow a healthy diet and stay well nourished by preparing the food you eat for swallowing and digestion. Regular dental care is important to maintain your teeth. Teeth also help you talk and contribute to your personal appearance. Speech is affected by the way the teeth meet, the movement of the jaw and the movement of the tongue around the teeth. Appearance is affected by the bite of the teeth and the bones surrounding them. Different types of teeth work together to break down various types of food for digestion. Through this project children will have awareness of oral hygiene, importance of brushing teeth, usage of tooth brush and brushing techniques.



**PARENT PLUS**

- Provide him /her with play opportunities that support different kinds of learning styles – from listening and visual learning to sorting and sequencing.
- Celebrate achievements, no matter how small it is.

**RHYME AND FUN**



Visiting the dentist is an easy thing to do  
 The dentist is a special friend who  
 helps take care of you  
 He checks your teeth and gums  
 To be sure everything's just right  
 So your smile will be bright!  
 Brush and floss your teeth each day!  
 Brush and floss your teeth each day!  
 Brush and floss your teeth each day!  
 So your smile will be bright!