

"The art of happiness lies in the power of extracting happiness from the common things in life."

- Henry Ward Beecher.

# NEWSLETTER | DELHI PUBLIC SCHOOL

CLASS: IV & V

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Dear Parents,

Efforts will never fail, each wavelet on the ocean tossed, aids constantly in the ebb tide or the flow, each raindrop makes some floweret glow and each struggle lessens human woes."

-C. Macay.

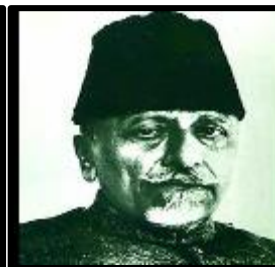
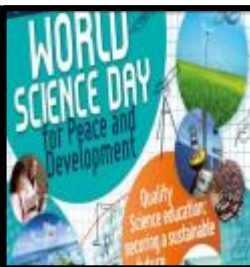
We never stop trying and achieving what we aspire for. Life is a continuous learning process leading to the development of new capacities, skills, values, understanding, and preferences. The ambiance of home, neighbourhood and school has a great impact on the mental health and adjustment of the children, we use examples, context cues, vivid illustrations, refer to emotions, and to our personal life also at time to emotions, and to our personal life also at times as personalization is an effective way of building upon memories, building upon earlier knowledge and avoiding interference. Here we understand that language has the role as the creator and facilitator of the mind.

Language is medium of thought, analysis and conceptualization. Vocabulary reflects intensity and sensitivity of life experience, not knowledge of words. Communication is generated by thought. It intends to enlighten, inspire, clarify, inform, provide insights, incise, analyze, theorize and of course, philosophize. Such processes are possible only by the power of the mind, intellect, reasoning, envisioning and wisdom. All our hopes, aspirations dreams rely upon the younger generation of today which is going to be the bright future of India.

Education has a vital role in chiseling and harnessing this potential resource. Right education, proper guidance and bringing - up can make every child of today, a shining star of tomorrow. This is my vision to life and I believe in being honest to myself than before anyone. I want each child to inculcate the same strength and values in oneself. Students of grade IV & V would be gearing up for their II Term Examination slated to be held in this month.

It is said "Happiness is a state of mind" and I truly adhere to this phrase and change the outlook of events no matter how challenging the task or difficult the situation must have been.

Regards  
Principal



## GLOBALY IMPORTANT DAYS OF THE MONTH

**Guru Nanak Dev's Birth Anniversary (4)** celebrates the birth of the first Sikh Guru, Guru Nanak. This is one of the most sacred festivals in Sikh. The festivities in the Sikh religion revolve around the anniversaries of the 10 Sikh Gurus. These Gurus were responsible for shaping the beliefs of the Sikhs. Their birthdays, known as *Gurpurab* (or *Gurpurb*), are occasions for celebration and prayer among the Sikhs.

**World Science Day for Peace Development (10)** highlights the important role that science has in society. It also highlights the need to engage the wider public in debates on emerging scientific issues. World Science Day was proclaimed by the United Nations Educational, Scientific and Cultural Organization (UNESCO).

**National Education Day (11)** is an annual observance in India to commemorate the birth anniversary of Maulana Abul Kalam Azad, the first education minister of independent India, who served from 15 August 1947 until 2 February 1958. The Ministry of Human Resource Development has decided to commemorate the birthday of this great son of India by recalling his contribution to the cause of education in India.

**Children's Day (14)** Children's Day is celebrated on the birthday of the first Prime Minister of independent India, who was fondly called *Chacha Nehru* (Uncle Nehru) or *Chachaji* (Uncle), and who emphasized the importance of giving love and affection to children, whom he saw as the bright future of India. To give him tribute, India celebrates this festival on 14 November, the day of his birthday



**National Law Day Constitution Day (26)**, also known as **Samvidhan Divas**, is

celebrated every year to commemorate the adoption of Constitution of India. On this day in 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950.

## AMAZING FACTS

1. The average person walks the equivalent of five times around the world in a lifetime.
2. When Helium is cooled to almost absolute zero (-460°F or -273°C), the lowest temperature possible, it becomes a liquid with surprising properties: it flows against gravity and will start running up and over the lip of a glass container.
3. An individual blood cell takes about 60 seconds to make a complete circuit of the body.

## CAMPUS CLANDESTINE



The month of October presented a gamut of endearing activities that enabled the students to get a bird's eye view on our rich cultural heritage specially 'Sharad Mela'. Another activity that reiterated the significance of hand wash program, which comprised 5 steps was 'Swach Hath'. Most importantly, students are constantly groomed to acquire linguistic skills in which 'Just a Minute' contest gave an edge to the contestants to accentuate their speaking skills.

**Ingredients:**

1 1/2 cups grated paneer (cottage cheese)  
 2 tbsp nylon sago (sabudana)  
 1/4 cup moong dal (split green gram)  
 1/4 scraped coconut  
 3/4 cup sugar  
 2 tbsp ghee  
 2 tbsp almond (badam) slivers  
 2 tbsp pistachio slivers  
 1 tsp cardamom (elaichi) powder  
 a few strands of saffron (kesar) strands  
 roasted poppy seeds (khus-khus) to roll

**METHOD**

Put the sago in a microwave safe bowl and microwave on high for 11/2 minutes, or till they puff. Lightly roast the green moong dal, cool and blend in a mixer to a coarse powder. Heat the ghee in a pan, add the moong dal powder and roast till colour changes. Cool to room temperature. Cook the coconut and sugar well till sugar is well mixed with coconut. Cool the mixture to room temperature. Combine all the ingredients and mix well. Divide into 10-14 ladoos. Roll the ladoos in roasted khus khus and serve. It can also be stored in fridge.

**TONGUE TWISTERS**

*Top chopsticks shops stock top chopsticks.*

**Violence against Women- November 25 :**

The United Nations General Assembly has designated November 25 as the International Day for the *Elimination of Violence against Women* (Resolution 54/134). The premise of the day is to raise awareness of the fact that women around the world are subject to rape, domestic violence and other forms of violence; furthermore, one of the aims of the day is to highlight that the scale and true nature of the issue is often hidden. For 2014, the official Theme framed by the UN Secretary-General's campaign unite to End Violence against Women, is *Orange your Neighbourhood*.

**World Diabetes Day- November 14:**

It has grown from humble beginnings to become a globally-celebrated event which increases awareness about diabetes. Comprising hundreds of campaigns, activities, screenings, lecture, meetings and more, World Diabetes Day is proving internationally effective in spreading the message about diabetes and raising awareness for the condition.

**Universal Children's Day - November 20:**

First proclaimed by the United Kingdom in 1954, it was established to encourage all countries to institute a day, firstly to promote mutual exchange and understanding among children and secondly to initiate action to benefit and promote the welfare of the world's children.

**PARENT PLUS**

Ensure that your ward turns up to school in full uniform with I- card and hairband.

- Assist your ward for the upcoming II Term Exam scheduled to commence on November 22, 2017.
- Label all your belongings to avoid your ward's things getting misplaced.
- Spare quality time with your children to boost up morale and self-esteem.
- Read the almanac at regular intervals to get updated with the school rules and regulations.

